

WARREN G. HARDING SWIMMING AND DIVING 2016-2017

2016

August

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31	01	02	03	04	05	06
07	08	09	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	01	02	03
04	05	Notes:				

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September

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29	30	31	01	02	03
WHAT Practice Groups: Beginners 6:30 – 7:30 Intermediate 6:30 – 7:45 13 & Up Dryland 6:00 – 6:25 Advanced 6:00 – 8:00						
04	05 Labor Day	06	07	08	09	10
11	12 WHAT Swim Team Registration 5:00 - 6:30	13 WHAT Swim Team Registration 5:00 - 6:30	14 WHAT Red Cross LTS Registration 5:00 - 6:30	15 WHAT Red Cross LTS Registration 5:00 - 6:30	16	17
18	19 LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	20 LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	21 LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	22 LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	23	24
25	26 LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	27 LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	28 LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	29 LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	30	01
02	03	Notes: <p style="text-align: center;">Red Cross LTS Lessons: 5:00 – 5:40 5:45 – 6:25 Lessons will be M, W or T, TH and run for 4 weeks</p>				

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October

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
25	26	27	28	29	30	01
If there is no school for WCS, there is no WHAT practice. Please check the schedule & your e-mail before leaving for practice.						LESD Season Opener @ Hawken
02	03	04	05	06	07	08
	LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	LTS 5:00 – 6:30 Swim Team 6:00 – 8:00		CCS AGE GROUP AND OPEN SWIM MEET @ CT Branin Canton
09	10	11	12	13	14	15
CCS AGE GROUP AND OPEN SWIM MEET @ CT Branin Canton	LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	END OF RED CROSS LTS SESSION 1	Kelly Carlson Special Olympics LIFEGUARDS NEEDED Peg Neal Pentathlon @ Lakewood HS
16	17	18	19	20	21	22
Sailfish High School Preview and Age Group Meet @ CSU	LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	LTS 5:00 – 6:30 Swim Team 6:00 – 8:00		
23	24	25	26	27	28	29
STARS Freestyle Frenzy @ Solon HS	LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	LTS 5:00 – 6:30 Swim Team 6:00 – 8:00		
30	31	Commitment is a big part of what I am and what I believe. How committed are you to winning? How committed are you to being a good friend? To being trustworthy? To being successful, a good teammate, a good role model? There's that moment every morning when you look in the mirror: Are you committed, or are you not? – Lebron James				

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November

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
30	31	01 LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	02 LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	03 LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	04	05 Kelly Kinney Memorial Splash Out Cancer	
06 Kelly Kinney Memorial Splash Out Cancer @ Strongsville	07 LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	08 NO SCHOOL NO WHAT	09 LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	10 LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	11 END OF RED CROSS LTS SESSION 2	12 STARS Mile/500Free/400IM @ Solon HS	
13 FALL Breakout Meet @ TBD	14 LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	15 NO WHAT PRACTICE due to WMS Swim Meet @ WGH	16 LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	17 LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	18 Mark J Braun Fall Classic @ SPIRE	19 Mark J Braun Fall Classic @ SPIRE	
20 Mark J Braun Fall Classic @ SPIRE	21 Swim Team 6:00 – 8:00	22 LTS (makeup from 11/15) 5:00 – 6:30 Swim Team	23 NO SCHOOL NO WHAT	24 HAPPY THANKSGIVING NO PRACTICE	25 WGH/WWR ALUMNI MEET 3:00 WGH 9:00 – 11:00	26	
27	28 LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	29 LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	30 LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	01	02	03	
04	05	Notes:					

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December

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28	29	30	01	02	03
SOME PEOPLE WISH IT WOULD HAPPEN, SOME WANT IT TO HAPPEN AND SOME PEOPLE MAKE IT HAPPEN!! ~ Michael Jordan				LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	Shaker Shark Invitational @ CSU	Shaker Shark Invitational @ CSU
04	05	06	07	08	09	10
Shaker Shark Invitational @ CSU	LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	LTS 5:00 – 6:30 Swim Team 6:00 – 8:00		
11	12	13	14	15	16	17
WINTER BREAKOUT MEET @ TBD	LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	WGH SWIM MEET NO WHAT or RED CROSS	LTS (T,TH makeup) 5:00 – 6:30 Swim Team 6:00 – 8:00	END OF RED CROSS LTS SESSION 3
18	19	20	21	22	23	24
VSC Candy Cane Meet @ Sandusky HS	WHAT PRACTICES TBD					
25	26	27	28	29	30	31
MERRY CHRISTMAS!!!	WHAT PRACTICES TBD					
01	02	Notes: CHRISTMAS BREAK PRACTICES TBD... IF YOU PLAN ON PRACTICING OVER BREAK, SIGN UP WITH COACH LUKCO PRIOR TO DEC. 14TH.				

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January

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
01 HAPPY NEW YEAR!!	02 NO SCHOOL WGH 9:00-11:00	03 LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	04 LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	05 LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	06 LTS (M,W makeup) 5:00 – 6:30 Swim Team 6:00 – 8:00	07 LSSC New Year Stretch Swim Own Age @ Rocky River HS	
08 LSSC New Year Stretch Swim Own Age @ Rocky River HS	09 LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	10 LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	11 LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	12 LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	13	14 LRST Jim Scullion Meet @ Lakewood HS	
15 LRST Jim Scullion Meet @ Lakewood HS	16 LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	17 LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	18 LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	19 LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	20	21	
22 HSC Fabulous 50's Meet @ Hubbard	23 LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	24 LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	25 LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	26 LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	27 END OF RED CROSS LTS SESSION 4	28	
29 Turn Up HEAT Age Group and Open @	30 LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	31 LTS 5:00 – 6:30 Swim Team 6:00 – 8:00					
05	06	Notes:					

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February

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30	31	01	02	03	04
			LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	LTS 5:00 – 6:30 Swim Team 6:00 – 8:00		
05	06	07	08	09	10	11
GLSS FROZEN MEET @ CSU	LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	LTS 5:00 – 6:30 Swim Team 6:00 – 8:00		
12	13	14	15	16	17	18
LESD LAST CHANCE MEET @	LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	END OF RED CROSS LTS SESSION 5	
19	20	21	22	23	24	25
LESI 8 & Under Championship @	WHAT 5:00-7:00	WHAT 5:00-7:00	WHAT 5:00-7:00	WHAT 5:00-7:00	WHAT 5:00-7:00	Pirahna Aquatics Regional Age Group Championship @ YSU
26	27	28	01	02	03	04
	WHAT 5:00-7:00	WHAT 5:00-7:00				
05	06	Notes:				

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March

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	01	02	03	04
			WHAT 5:00-7:00	WHAT 5:00-7:00	LESI SR. CHAMPIONSHIPS	LESI SR. CHAMPIONSHIPS
			05	06	07	08
LESI SR. CHAMPIONSHIPS	WHAT 5:00-7:00	WHAT 5:00-7:00	WHAT 5:00-7:00	WHAT 5:00-7:00	LESI Age Group CHAMPIONSHIPS	LESI Age Group CHAMPIONSHIPS
12	13	14	15	16	17	18
LESI Age Group CHAMPIONSHIPS						
19	20	21	22	23	24	25
26	27	28	29	30	31	01
02	03	Notes:				

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2017 April

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	29	30	31	01
02	03	04	05	06	07	08
09	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	01	Notes:				

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2017 May

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	01	02	03	04	05	06
07	08	09	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	01	02	03
04	05	Notes:				

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2017 June

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
28	29	30	31	01	02	03	
04	05	06	07	08	09	10	
11	12	13	14	15	16	17	
18	19	20	21	22	23	24	
25	26	27	28	29	30	01	
02	03	Notes:					

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2017 July

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
25	26	27	28	29	30	01
02	03	04	05	06	07	08
09	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31	Notes:				

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