

WARREN G. HARDING SWIMMING AND DIVING 2016-2017

2016

August

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31	01	02	03	04	05	06
07	08	09	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	01	02	03
04	05	Notes:				

CONTACT COACH LUKCO: [steve.lukco@neomin.org](mailto:steve.lukco@neomin.org) [zzrufus1@gmail.com](mailto:zzrufus1@gmail.com) (330) 501-3241 cell (330) 841-2316 X 2241 school  
(330) 369-4868 home FOLLOW ON TWITTER .....@coachlocolukco @wghswimmer

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September

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29	30	31	01	02	03
<b>WHAT Practice Groups:</b> Beginners 6:30 – 7:30 Intermediate 6:30 – 7:45 13 & Up Dryland 6:00 – 6:25 Advanced 6:00 – 8:00						
04	05  <b>Labor Day</b>	06	07	08	09	10
11	12 <b>WHAT Swim Team Registration 5:00 - 6:30</b>	13 <b>WHAT Swim Team Registration 5:00 - 6:30</b>	14 <b>WHAT Red Cross LTS Registration 5:00 - 6:30</b>	15 <b>WHAT Red Cross LTS Registration 5:00 - 6:30</b>	16	17
18	19 LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	20 LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	21 LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	22 LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	23	24
25	26 LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	27 LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	28 LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	29 LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	30	01
02	03	Notes:  <p style="text-align: center;"><b>Red Cross LTS Lessons:</b>                      5:00 – 5:40                      5:45 – 6:25</p> <p style="text-align: center;">Lessons will be M, W or T, TH and run for 4 weeks</p>				

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October

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
25	26	27	28	29	30	01
<b>If there is no school for WCS, there is no WHAT practice. Please check the schedule &amp; your e-mail before leaving for practice.</b>						<b>LESD Season Opener @ Hawken</b>
02	03	04	05	06	07	08
	LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	LTS 5:00 – 6:30 Swim Team 6:00 – 8:00		<b>CCS AGE GROUP AND OPEN SWIM MEET @ CT Branin Canton</b>
09	10	11	12	13	14	15
<b>CCS AGE GROUP AND OPEN SWIM MEET @ CT Branin Canton</b>	LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	<b>END OF RED CROSS LTS SESSION 1</b>	Kelly Carlson Special Olympics LIFEGUARDS NEEDED <b>Peg Neal Pentathlon @ Lakewood HS</b>
16	17	18	19	20	21	22
<b>Sailfish High School Preview and Age Group Meet @ CSU</b>	LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	LTS 5:00 – 6:30 Swim Team 6:00 – 8:00		
23	24	25	26	27	28	29
<b>STARS Freestyle Frenzy @ Solon HS</b>	LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	LTS 5:00 – 6:30 Swim Team 6:00 – 8:00		
30	31	Commitment is a big part of what I am and what I believe. How committed are you to winning? How committed are you to being a good friend? To being trustworthy? To being successful, a good teammate, a good role model? There's that moment every morning when you look in the mirror: <b>Are you committed, or are you not?</b> – Lebron James				

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November

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	31	01 LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	02 LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	03 LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	04	05 <b>Kelly Kinney Memorial Splash Out Cancer</b>
06 <b>Kelly Kinney Memorial Splash Out Cancer @ Strongsville</b>	07 LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	08 <b>NO SCHOOL NO WHAT</b>	09 LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	10 LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	11 <b>END OF RED CROSS LTS SESSION 2</b>	12 <b>STARS Mile/500Free/400IM @ Solon HS</b>
13 <b>FALL Breakout Meet @ TBD</b>	14 LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	15 <b>NO WHAT PRACTICE due to WMS Swim Meet @ WGH</b>	16 LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	17 LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	18 <b>Mark J Braun Fall Classic @ SPIRE</b>	19 <b>Mark J Braun Fall Classic @ SPIRE</b>
20 <b>Mark J Braun Fall Classic @ SPIRE</b>	21 Swim Team 6:00 – 8:00	22 LTS (makeup from 11/15) 5:00 – 6:30 Swim Team	23 <b>NO SCHOOL NO WHAT</b>	24 <b>HAPPY THANKSGIVING NO PRACTICE</b>	25 <b>WGH/WWR ALUMNI MEET 3:00 WGH 9:00 – 11:00</b>	26
27	28 LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	29 LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	30 LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	01	02	03
04	05	Notes:				

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December

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28	29	30	01	02	03
<b>SOME PEOPLE WISH IT WOULD HAPPEN, SOME WANT IT TO HAPPEN AND SOME PEOPLE MAKE IT HAPPEN!! ~ Michael Jordan</b>				LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	<b>Shaker Shark Invitational @ CSU</b>	<b>Shaker Shark Invitational @ CSU</b>
04	05	06	07	08	09	10
<b>Shaker Shark Invitational @ CSU</b>	LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	LTS 5:00 – 6:30 Swim Team 6:00 – 8:00		
11	12	13	14	15	16	17
<b>WINTER BREAKOUT MEET @ TBD</b>	LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	<b>WGH SWIM MEET NO WHAT or RED CROSS</b>	LTS (T,TH makeup) 5:00 – 6:30 Swim Team 6:00 – 8:00	<b>END OF RED CROSS LTS SESSION 3</b>
18	19	20	21	22	23	24
<b>VSC Candy Cane Meet @ Sandusky HS</b>	<b>WHAT PRACTICES TBD</b>					
25	26	27	28	29	30	31
<b>MERRY CHRISTMAS!!!</b>	<b>WHAT PRACTICES TBD</b>					
01	02	Notes:  <b>CHRISTMAS BREAK PRACTICES TBD... IF YOU PLAN ON PRACTICING OVER BREAK, SIGN UP WITH COACH LUKCO PRIOR TO DEC. 14TH.</b>				

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**2017**

**January**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
01 <b>HAPPY NEW YEAR!!</b>	02 <b>NO SCHOOL</b> WGH 9:00-11:00	03 LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	04 LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	05 LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	06 LTS (M,W makeup) 5:00 – 6:30 Swim Team 6:00 – 8:00	07 <b>LSSC New Year Stretch Swim Own Age</b> <b>@ Rocky River HS</b>
08 <b>LSSC New Year Stretch Swim Own Age</b> <b>@ Rocky River HS</b>	09 LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	10 LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	11 LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	12 LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	13	14 <b>LRST Jim Scullion Meet @ Lakewood HS</b>
15 <b>LRST Jim Scullion Meet @ Lakewood HS</b>	16 LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	17 LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	18 LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	19 LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	20	21
22 <b>HSC Fabulous 50's Meet @ Hubbard</b>	23 LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	24 LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	25 LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	26 LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	27 <b>END OF RED CROSS LTS SESSION 4</b>	28
29 <b>Turn Up HEAT Age Group and Open @</b>	30 LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	31 LTS 5:00 – 6:30 Swim Team 6:00 – 8:00				
05	06	Notes:				

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February

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30	31	01	02	03	04
			LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	LTS 5:00 – 6:30 Swim Team 6:00 – 8:00		
05	06	07	08	09	10	11
<b>GLSS FROZEN MEET @ CSU</b>	LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	LTS 5:00 – 6:30 Swim Team 6:00 – 8:00		
12	13	14	15	16	17	18
<b>LESD LAST CHANCE MEET @</b>	LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	LTS 5:00 – 6:30 Swim Team 6:00 – 8:00	<b>END OF RED CROSS LTS SESSION 5</b>	
19	20	21	22	23	24	25
<b>LESI 8 &amp; Under Championship @</b>	WHAT 5:00-7:00	WHAT 5:00-7:00	WHAT 5:00-7:00	WHAT 5:00-7:00	WHAT 5:00-7:00	<b>Pirahna Aquatics Regional Age Group Championship @ YSU</b>
26	27	28	01	02	03	04
	WHAT 5:00-7:00	WHAT 5:00-7:00				
05	06	Notes:				

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March

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	01	02	03	04
			WHAT 5:00-7:00	WHAT 5:00-7:00	LESI SR. CHAMPIONSHIPS	LESI SR. CHAMPIONSHIPS
			05	06	07	08
LESI SR. CHAMPIONSHIPS	WHAT 5:00-7:00	WHAT 5:00-7:00	WHAT 5:00-7:00	WHAT 5:00-7:00	LESI Age Group CHAMPIONSHIPS	LESI Age Group CHAMPIONSHIPS
12	13	14	15	16	17	18
LESI Age Group CHAMPIONSHIPS						
19	20	21	22	23	24	25
26	27	28	29	30	31	01
02	03	Notes:				

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## 2017 April

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	29	30	31	01
02	03	04	05	06	07	08
09	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	01	Notes:				

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## 2017 May

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	01	02	03	04	05	06
07	08	09	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	01	02	03
04	05	Notes:				

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## 2017 June

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29	30	31	01	02	03
04	05	06	07	08	09	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	01
02	03	Notes:				

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## 2017 July

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
25	26	27	28	29	30	01
02	03	04	05	06	07	08
09	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31	Notes:				

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