

WHAT Spring/Summer Swim 2019



WHAT?

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Spring Session will begin Monday, April 15th and continue thru Thursday, May 23rd. This session will be a stroke clinic with emphasis on body position, balance, stroke technique, turns and starts. We will also offer a conditioning only group, that will focus on keeping in “swimming shape”. There are discounts available for Spring and Summer combination packages. This session (as always) will depend on interest. We will need a minimum of 25 swimmers to run this session.

Spring Days: Mon., Tues., Wed., & Thurs.

Spring Times:

Developmental - 5:30 - 7:00.
Advanced 5:30 - 7:00.
Conditioning Only 5:30 - 7:00

Spring Fees:

\$150 WCS, \$200 Non - WCS
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Summer Session will begin
June 10th and continue thru
Aug. 1st.

SUMMER	6/10/19-8/1/19
WCS 6-12	\$150
NON WCS 6-12	\$200

SUMMER PRACTICES: M, T, TH, F
6:30 - 8:00 A.M. @ WOC - LONG
COURSE PRACTICES (WEATHER
PERMITTING)

DISCOUNTS

Pay for Spring and Summer
up front:

WCS	\$250 (save \$75)
Non-WCS	\$350 (save \$75)

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